

# YEAR 6 RESIDENTIAL GRAFHAM WATER CENTRE

Meeting for parents/ carers

# TRIP LEADERS

Mr Saunders – Visit Leader

Miss Jefferis – Deputy Visit Leader

Mrs Wilson – Deputy Visit Leader

Mrs Fleet – Pupil support and medication

Miss Jarvis – Pupil support and medication

Mr Roberts – Pupil support

Mr Sumner – Pupil Support



# ACCOMMODATION

Bunk bed accommodation sleeping 2-6 children per room.

Communal lounge.

All bedding and pillows provided (children will make their own beds on arrival).

Staff allocated rooms near to children.

Children will be briefed where staff rooms are and their doors will be labelled.

Children will have opportunity to pick 3 children who they would be happy to share a room with and we will allocate rooms from their lists!





# FOOD

All food prepared on site.

All allergies catered for.

5\* hygiene certificate and fully trained staff dedicated to supporting child health.

Ensure allergies are listed on the consent forms.







# SECURITY AND SAFETY

All staff DBS checked including Grafham Water staff.

New code for each group and given to visit leaders on arrival.

Catches on windows to prevent opening too wide.

All exterior doors locked overnight.

Fire doors and exits checked on arrival and before lights out daily.

Fire evacuation practice during day 1.

Grafham duty staff on call overnight.

Children briefed on where adults are and what to do if they need help during the night.

Staff with designated roles to support pupils.

Clear Risk Assessment process including pre-visit, approval from Trust, staff training, on-going risk assessments, appropriate staffing levels for pupil support.





# OUR PLANNED ACTIVITIES...

This could be subject to change!



# WINDSURFING

## FUN AND PHYSICALLY CHALLENGING

This involves standing on a board that has a sail attached, using the wind to get moving.

A fun and physically challenging activity which is guaranteed to get you wet!

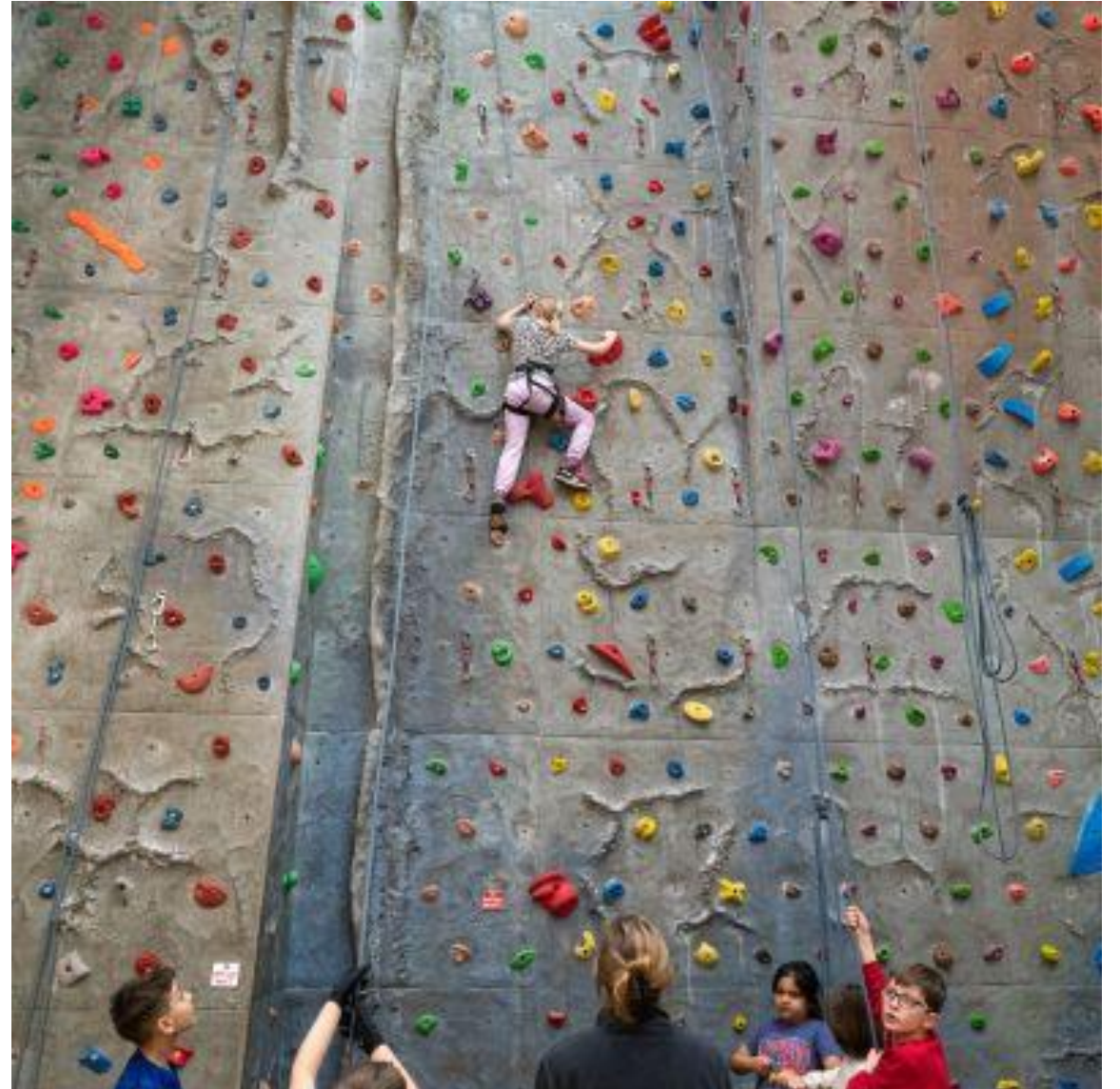
Pupils will work in pairs to support each other to get moving. Instructors will assist in mastering the skills of windsurfing by introducing the board and rig gradually and building confidence.

# CLIMBING

Purpose built indoor 10m high climbing wall offers a good introduction to the challenging sport of climbing.

Harder climbing routes also provide a real challenge for those with previous climbing experience. Groups are encouraged to set their own challenges and be involved in holding climbing ropes for their colleagues, under the watchful eye of the instructor.

Can be easily adapted with a hoist for less abled participants





# HIGH ROPES- CRATE STACK

WORKING IN TEAMS TO BUILD  
THE TALLEST TOWER

Involves using their team to  
stack crates to build a tower to  
stand on.





# ORIENTEERING

## QUESTION HUNT MEETS MAP READING

Our on-site orienteering course tests groups navigation, planning and teamwork skills.



# STAND UP PADDLEBOARDING

## FUN, EXCITING PAIRED WATERSPORT ACTIVITY

This exciting activity focuses on personal challenges, adventure and water safety whilst improving agility and balance.

Stand up paddle boarding has become one of the most popular water sports, not only because it's a really fun sport but also because of the many amazing benefits that paddle boarding has.

Stand up paddle boarding is very easy to learn, very safe, and very inclusive, which adds to the many reasons why it is so popular and well-loved.

Pupils can either go on a paddleboard by themselves or pair up and go on a board with another person.



# HIGH ROPES- JACOBS LADDER

THE ONLY WAY IS UP, WITH  
YOUR TEAMS HELP

Climbers have to travel up a  
series of beams to reach the  
top whilst helping their team  
mates.





# RAFT BUILDING

LET THEM UNLEASH THEIR  
IMAGINATION TO CREATE  
THEIR DESIGN

Each group is issued with ropes, poles and barrels in order to build a floating craft which will stay afloat with every group member on board.





# HIGH ROPES - TRIANGLE

INDIVIDUALLY GAIN  
CONFIDENCE AT HEIGHT

A solo high ropes activity - this  
is your 'go ape' style activity.





















# KIT LIST

A packed lunch is needed for the first day in a disposable bag!



T Shirts

Sweaters/Fleeces

Warm Trousers (NOT Jeans)

Shorts

Underwear: Pants

Socks

Vests

Nightwear

Swimwear

Bath and Hand Towel

Washing Kit

Indoor shoes (Slippers)

Outdoor Shoes

(e.g. Trainers for land activities)

Rubber Soled Shoes for wet activities

(e.g. Plimsolls/Old trainers that can get wet)

Waterproof Coat/ Jacket/Anorak (suitable for the season)

Waterproof Trousers

Gloves (waterproof in the winter)

Wellington Boots

Hat (Visor for sun, woolly for cold weather)

Spectacle safe head band

Bin Liner for wet clothes

Named reusable drinks bottle



# KIT LIST

Please ensure that  
all kit is named!





# WHAT YOU DON'T NEED!

Electricals.

Mobile phones.

Sweets.

Your best clothes!

# MEDICAL NEEDS AND MEDICATIONS

Complete medical forms.

Provide medications in advance where possible.

Clearly labelled prescription medications only.

Allocated staff to administer medications as per parental forms for dosage and frequency.

Please give travel sickness tablets where needed!





# BEHAVIOUR

We expect good behavior from pupils during our visit in line with our relationships and behavior policy.

We know all of your children will be amazing!



# CONTACT FROM US WHILE AWAY

We will update class dojo pages with photos and updates during our stay.

Please only contact the centre in an emergency.

All emergency contact details and consent forms will be with us.

